Cold plasma treatment can be easily implemented into corneal disease treatment protocols, is well tolerated and safe with minimal number of adverse reactions.

# Argon cold plasma treatment for corneal disease in clinical setting: Short-term and long-term tolerability and safety outcomes

#### **PURPOSE**

To evaluate feasibility, safety and tolerability of cold plasma as add-on to standard regimen

### **COLD PLASMA TREATMENT**

- Topical anesthesia (proxymetacaine): 2 drops repeated every 3-5 minutes over 20 minutes
- Application of plasma jet in meandric movement over lesion for 30-90s (60s ≈ 1 cm<sup>2</sup>), every 2-6 days until healed
- Flow rate 4.6-4.8 L/min, distance: plasma jet tip slightly touching cornea (conducting mode)

## **CLINICAL CASES**

- 303 eyes in 281 animals (263 dogs, 8 cats, 10 small mammals)
- SCCED n=178, infected/infiltrated stromal ulcer n=76, keratomalacia n=22, corneal perforation n=20, other n=7
- 1044 single treatments, average per case 3.45±1.74 treatments, median 3 treatments (1-9)

#### TREATMENT FEASIBILITY

- Straight-forward procedure, cold plasma can be easily applied and is tolerated in unsedated animals
- Only few animals experienced procedural distress (3.2%, 8 dogs, 1 cat): air current blowing onto eye surface, restlessness during procedure, extreme agitations. In only two dogs, the therapy could not be continued

#### ADVERSE REACTIONS AFTER THE PROCEDURE

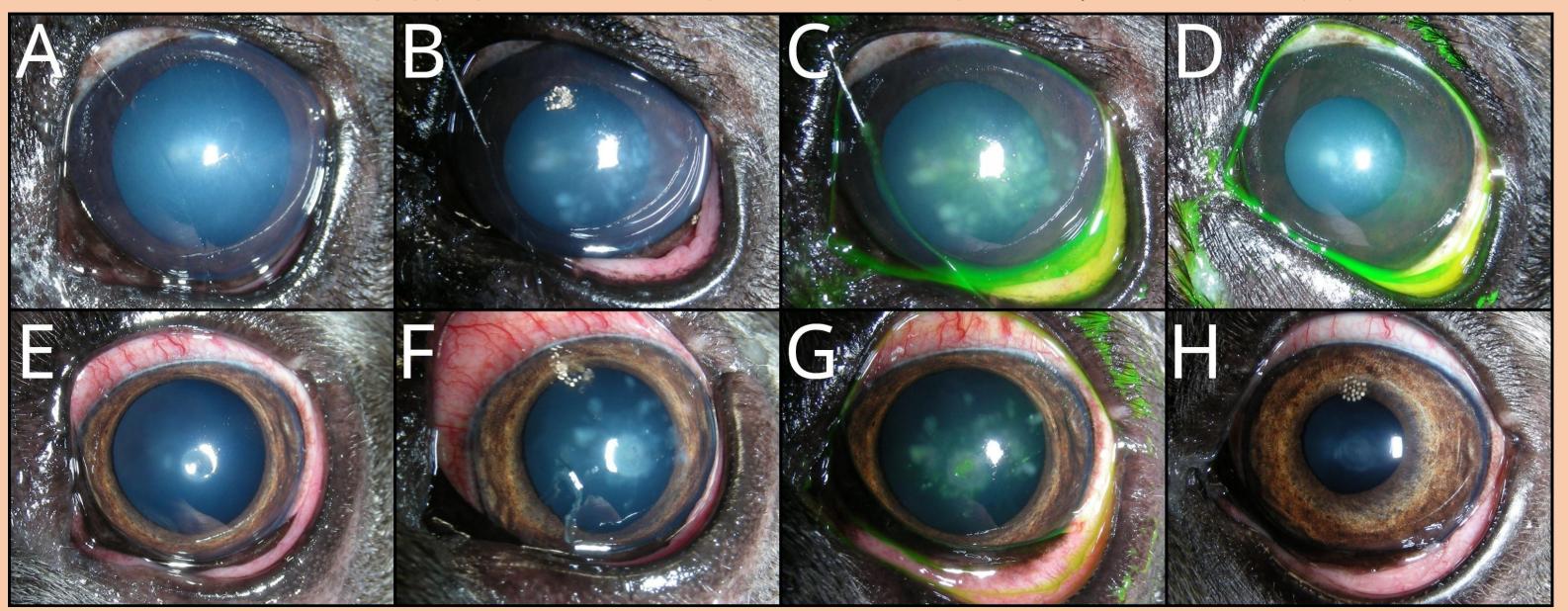
- Whitish spots in corneal epithelium and anterior stroma in 1.4% of dogs (n=4) directly after the treatment (figure A)
- Blepharospasm several hours after the procedure (inadequate anesthesia) in 0.7% of dogs (n=2)

#### **ADVERSE EVENTS**

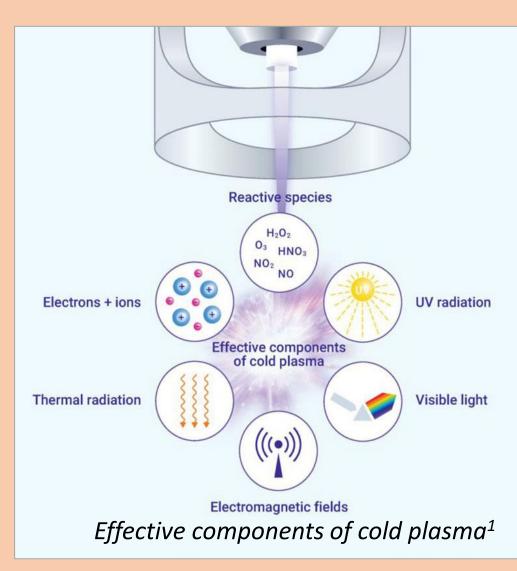
- Short term (<30 d): Stromal infiltrate (n=7) and keratomalacia (n=1) in SCCED cases; keratomalacia or progression of stromal lesion could not be halted with the treatment (n=4), epithelial tears after complete reepithelization or peripheral epithelial tears in centrally not-yet healed SCCED (n=12) (figure B)
- Long term (>30 d): persistent corneal fibrosis and pigmentation despite intensive post-reepithelization therapy (n=12), glaucoma (n=3, 163-451 days after the treatment), other events developing in single cases (n=5)



Figure A: Adverse reaction seen immediately after the treatment that was observed in four canine eyes (4/285, 1.4%), examples: An Eight-year-old French Bulldog presenting with SCCED showed fluorescein-negative epithelial and anterior stromal whitish spots after the third ACP treatment (A-D). A four-year-old French Bulldog presenting with small-scale mid-stromal infected ulcer showed whitish anterior stromal spots that were centrally fluorescein positive (G) after both second and third ACP treatment (E-H). (A+E) Before the treatment, (B+F, C+G with fluorescein) immediately after ACP treatment, (D+H) healed state.



# **Cold atmospheric** plasma (argon gas):





In-vitro study<sup>2</sup> on effectivity of cold plasma against canine bacterial keratitis pathogens

**frontiers** Frontiers in Veterinary Science

Argon cold atmospheric plasma eradicates pathogens in vitro that are commonly associated with canine bacterial keratitis

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